



Medical Documentation

Please remember that all webforms for medical and emergency information must be completed annually in FACTS.

Required Documents:

- Physical
- Immunization Record Per NH DHHS Requirements

Required Documents for Specified Illnesses:

- Asthma EAP (emergency action plan)
- Bee Allergy EAP
- Food Allergy EAP
- Diabetes Medical Management Plan/EAP
- Diabetes Quick Reference Emergency Plan
- Seizure EAP

Required for prescribed medication administration (including EPI-PENs):

- Physician/Provider Order for Medication Administration (AKA: medication orders)

Optional Documents (optional, but highly suggested):

- Mutual Sharing

Please note that **all documents must be completed on a yearly basis**, except for the physical and immunizations. Further information below.

Further information on documents:

Physical: Physicals are suggested to be done every year, however due to insurance issues, we will allow a physical to be good for **2 years**. **The physical cannot hit the 2 year mark before the end of school. Therefore all physicals for the upcoming school year must be dated June 1st or newer before they can start fall sports or be granted attendance.** The St. Thomas Aquinas Physical Evaluation Form is NOT required to be used. A document from your physician's office will be accepted.

If you have a question regarding the dates of any physicals already turned in, please reach out to us at medical@stalux.org. We will be happy to help!

St. Thomas Aquinas Medical Team
Erin Gauthier, RN
Ashley Leighton, BS, NHLAT, ATC
medical@stalux.org



ST. THOMAS AQUINAS HIGH SCHOOL

197 Dover Point Road, Dover, NH 03820
603 742 3206 fax 603 749 7822
www.stalux.org

Immunizations: Immunizations must meet the requirements for the State of New Hampshire. Those that are required, and fulfilled, usually cover all 4 years of high school. However, please provide updated documentation if any additional immunizations are required. *St. Thomas Aquinas High School is required to provide the State of New Hampshire with an Immunization Compliance Report annually. Students who do not provide Proof of Immunization/Immunity to the listed diseases to the school are legally ineligible to attend school (public or private) in the State of New Hampshire.* The following is a list of the required immunizations:

Diphtheria, Tetanus, and Pertussis: 5 doses of DTaP, followed by 1 dose of Tdap prior to 7th grade (Tdap should be administered every 5 years thereafter)

Polio: 4 doses of IPV

Hepatitis B: 3 doses of Hep B

Measles, Mumps, and Rubella: 2 doses of MMR

Varicella "Chickenpox": 2 doses of VAR

Mutual Sharing: This allows us to communicate with the designated doctor/office in reference to your child records. Such as a physical date, immunizations, illness emergency action plans, etc.

Other required documents for specific illnesses:

Asthma	Asthma EAP	Medication Order (inhaler)	
Bee Allergy	Bee Sting Allergy Action Plan (EAP)	Medication Order (if EPI-PEN is prescribed)	
Food Allergy	Food Allergy EAP	Medication Order (if EPI-PEN is prescribed)	
Diabetes	Diabetes Medical Management Plan	Quick Reference Plan	Medication Order (if applicable)
Seizure	Seizure Action Plan for School (EAP)	Medication Order (if applicable)	

For more information, please visit the State of NH DHHS website found [here](#).

St. Thomas Aquinas Medical Team
Erin Gauthier, RN
Ashley Leighton, BS, NHLAT, ATC
Medical@stalux.org