



# ST. THOMAS AQUINAS HIGH SCHOOL

## Developing Teens Who Are Future-Ready

*A Parent Info Packet for  
St. Thomas Aquinas High School*

DOVER, NEW HAMPSHIRE

*Grades  
9-12*



# What do you want your teen's high school experience to look like?

*A four-year plan that prepares them for the rigors of college and beyond? An opportunity to shine in a competitive athletic program? Space to grow in faith and character? Maybe you want something more than the traditional path. You want them in a place where they can develop long-lasting friendships, discover their potential, prepare for their life goals, and experience the joy of being known and loved at school.*

Your teen will need many things throughout their high school years: the right amount of academic challenge, strong support from their peers and mentors, and a safe community to grow into their talents and passions as scholars, athletes, and future leaders with world-changing potential. That is no exaggeration — your teen will change communities and corners of the world, and we want to help them on their way.

St. Thomas Aquinas High School is a transformative environment where students grow in faith, hope, and joy as they journey to reach their God-given potential. Families don't



need to choose between a mission-centric Catholic school, an outstanding college-prep program or a school with a deep roster of athletic teams, fine arts offerings, and other exciting extracurriculars because we are pleased to offer all of these things. We understand how your teen's environment shapes them into the confident young man or woman they will become by graduation day.



Read our parent guide to begin exploring all that we have to offer your teen, and then sign up for a campus tour. This is an opportunity for your entire family to step into our learning community at STA! Send all of your questions about admission to us at **(603) 742-1324** or **[admission@stalux.org](mailto:admission@stalux.org)**. We look forward to meeting you and your family soon!

Sincerely,

**Matt Emond, B.S.**

Associate Director of Admission

**[memon@stalux.org](mailto:memon@stalux.org) | [603-742-3206](tel:603-742-3206) ext. 5245**



# Helping Teens Forge Their Own Path

*Think about all the ways your teen learns best, their personal interests, gifts, academic abilities, and what they might need to catch and refine a vision for what personal success could look like for them.*

At St. Thomas Aquinas High School, we never stop thinking about these things. We structure our offerings and community to support student success and shape confident graduates who go on to have truly fulfilling lives and careers. At STA, your student will be known and loved.

## ACADEMIC PREPAREDNESS

- A strong core curriculum in liberal arts and sciences that inspires students to pursue excellence and search for truth through faith and reason
- College Prep, Honors, AP, and Dual Enrollment courses, allowing students to start earning college credit and tailor their education to their future goals
- Real-world opportunities through Winterterm, our experiential learning program

## LEADERSHIP & SERVICE

- Hugh O'Brien Youth Leadership (HOBY) Seminars teach students how to lead with ethics and integrity, at home, school, work, and in the community
- Interest-based clubs, such as debate and Future Business Leaders of America
- Community partnerships create opportunities for service, independent study, and internships

## FAITH, CHARACTER & VALUES

- Inspiring and academically challenging coursework in theology, scripture, and religion, helping students grow in their understanding of Catholicism
- Schoolwide Mass, daily prayer, and an annual student retreat allow time to move closer to God, reflect, set personal goals, and grow together
- Community service projects allow students to serve in areas about which they feel passionate

## HEALTH & WELLNESS

- Our dedicated school nurse and counselors look after our students' physical and mental well-being
- A wide range of extracurriculars immerse students in healthy activities such as athletics, robotics, fine arts, e-sports, and more
- "Saints Block" provides a dedicated time and space for social-emotional learning and life-skills development





At STA, students are actively engaged in the learning process, participating in rich classroom discussion, collaborating with fellow students on projects, and pursuing their God-given gifts. Our curriculum is rigorous, and teachers provide a high level of support and individualized attention to help each student thrive. In addition to mastering core academic subjects in preparation for college, students deepen their faith, develop a sense of moral leadership, and hone reasoning abilities that will benefit them for life.

# Our Learning Model

## STEM & BEYOND

Students prepare for jobs of the future by taking classes such as Advanced STEM Research, Engineering Biotechnology, Electrical Engineering, Robotics, Game Programming, and CAD.

## ART OFFERINGS

Teens hone their creative gifts and develop lifelong passions through courses that include Painting, Pottery, Band, Choir, Digital Photography, and 3D Design.

## UNIQUE ELECTIVES

Elective offerings allow students to explore fields of interest and identify possible college majors such as Psychology, Law, Sociology, Forensics, Anatomy, Economics, Marine Biology, and Environmental Science.



# Discover Their Best Selves Through Exciting Extracurriculars

Your child's passion and talents will be on full display as they make meaningful connections through STA's dynamic extracurricular opportunities. At STA, students are not limited to one sport or one activity — they are encouraged to try new things and shine in many ways.



## Athletics

With 13 sports for young men and 14 for young women, our athletics program develops students' athletic abilities, character, and perseverance. STA competes in three different divisions in the NHIAA, and more than 80% of our students participate in at least one sport.

## Fine & Performing Arts

Every student has artistic talent, which is why we incorporate a fine arts requirement into our curriculum and offer an Honors & AP Studio Art program. Extracurricular opportunities include music ministry, and performances such as our Christmas Concert, Spring Musical, Coffee Houses, and the Jam Session Club.



## Clubs

We offer dozens of clubs with 100% student participation. Because clubs are offered during Saints Block, students get to explore a wide variety of interests during their four years at STA. A few favorites are Fellowship of Christian Athletes, Pep Club, Creative Writing, Yearbook, and Robotics.



# A Roadmap To College

*It's no surprise that our students matriculate to highly competitive college programs. We spend four years making sure they are ready to shatter expectations, thrive socially and academically, and lead others in excellence. Here is a high-level view of how we do that at St. Thomas Aquinas High School.*



## COLLEGE PARTNERSHIPS

⊛ STA has a unique partnership with twelve institutions of higher education. Recognizing the quality of students that graduate from STA, these colleges and universities have guaranteed admission and academic scholarship money to our seniors who meet certain academic expectations.

While more than 90% of our graduates go on to a four-year university, we support students who pursue their professional, vocational, and life dreams. Our students are supported as they explore post-secondary options such as military careers, vocational trades, and associate degree programs.

## 9th GRADE

Our first-year students make a strong start on college prep through regular 1:1 meetings with our college counselor, a rigorous curriculum, and Saints Block activities that introduce exciting fields of study.

## 10th GRADE

Students are educated on their post-secondary options and what it takes to be a competitive applicant. Regular college counseling helps sophomores identify their strengths and interests and map out course selections for the next two years — electives, honors, AP, and dual enrollment credits. The PSAT is also administered in 10th grade, and "Intro to AP" courses are available.

## 11th GRADE

This is an important year for college prep as students take the PSAT, the SAT, the ACT (optional), and AP exams (if enrolled). College representatives visit STA, and students begin touring campuses and participate in application workshops. Juniors also utilize [Naviance](#) to help identify their best-fit dream schools.

## 12th GRADE

College Application Boot Camp helps seniors with the final push toward perfecting their applications and ensures they are aware of STA's guaranteed admission agreements.\* English teachers provide support to ensure students submit strong essays, and 1:1 college counseling continues through acceptance. A financial aid night helps students and parents prepare for scholarships and student loans.



# An Investment in Their Future

*Good or bad, high school is going to have a huge impact on your child's well-being, character, trajectory in life, and future success. We ask our prospective families to stop and seriously ask: what's the best high school experience you can imagine for your child?*



As you will learn during our admission process, our families find great value in the STA experience and all the distinctive ways we provide opportunities for our students. We are committed to making a quality, Catholic and college-prep education accessible to families and understand that each family has unique financial circumstances.

We offer need-based financial aid, scholarships, and payment plans that are tailored to meet the needs of qualifying families. To learn more about what tuition will look like for your family, [visit our website](#) or contact our admission team.

## Tuition 2023-2024

**\$17,926 - ANNUAL TUITION**

**\$400 - STUDENT FEE**



*While the world will make you think the high school years are difficult and challenging, I find them to be very rewarding. St. Thomas is a meaningful part of making it so rewarding. This is a great school and well worth the investment."*

**KRISTEN BROOM - STA PARENT**

# Where will your teen find success?

We look forward to meeting you! Our campus tours will give you the best sense of what we have to offer and provide you with the opportunity to connect with someone who can answer your specific questions.



## WHAT TO EXPECT ON YOUR PERSONAL TOUR

Explore our beautiful campus by [scheduling a tour](#) with our admission team. During your visit, you will have the chance to see:



- Bishop Primeau Hall & Notre Dame Hall — our primary academics facilities where students spend the majority of their time at STA
- Our classrooms, which are designed for hands-on learning experiences and meaningful discussion
- The technology center where students research, study, and collaborate
- Our Chapel — a place where students are encouraged to pray, reflect, and grow spiritually
- The fitness center which is available for the entire student body and promotes healthy lifestyles
- Our gymnasium which is used for sporting events, TOM Talks (our take on Ted talks inspired by our patron, Saint Thomas Aquinas), and other special events
- The cafeteria, where students recharge for learning and build lifelong friendships over shared meals

## QUESTIONS?

Please contact our admission team at **(603) 742-1324** or [admission@stalux.org](mailto:admission@stalux.org).



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HIGH SCHOOL