

# AQUINAS 2020-21

## *Task Force for Transition*

### PLANNING FOR FALL 2020



**St. Thomas Aquinas High School**  
**197 Dover Point Rd.**  
**Dover, New Hampshire 03820**

**August 2020**

**LUX IN TENEBRIS**



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## Letter from Leadership

Dear St. Thomas Aquinas Families,

On July 16, 2020, we shared some of Aquinas 20-21 Task Force's preliminary plans for the safe return of faculty and staff. We are now sharing a more comprehensive plan that has been designed with extensive thought and consideration on how to maximize safety.

At St. Thomas Aquinas High School, we plan to offer in school instruction Monday through Friday. This document outlines the initial reopening plan for our students and staff. We understand that this plan does not answer every circumstance or possibility. That said, our planning process was extensive and included processing information from the Centers for Disease Control and Prevention (CDC), the American Academy of Pediatrics (AAP), New Hampshire's Task Force on School Transition Reopening, New Hampshire's Department of Education *Back to School Guidance*, and the Diocese of Manchester's *Returning to Classroom 2020-2021*. It involved participating in repeated building walk-throughs, incorporating parental input and feedback from the Diocese of Manchester's parent survey, soliciting input from faculty and staff, and performing extensive research on the many policies and protocols being implemented around our community, state, and nation.

As guidelines, directives, and procedures evolve, this document will be updated and made available to you with the most recent version posted on the school's website: [www.stalux.org](http://www.stalux.org).

As parents ourselves, we know you have questions and concerns. We are available and eager to listen and support both you and your child.

Thank you for your continued partnership with St. Thomas Aquinas High School. We are grateful for your positivity and prayers as we travel together through this unique and ever-evolving time. We are very much looking forward to welcoming your children- our Saints- back home.

Yours in Christ,

Dan S. Soller  
President

Paul C. Marquis  
Principal



## INTRODUCTION

We look forward to welcoming St. Thomas Aquinas High School students, faculty, and staff back to St. Thomas Aquinas this fall. Based on current and anticipated conditions related to COVID-19 and the need for a variety of safety protocols, this fall will be different than a typical semester.

This will undoubtedly be a year of *reimagining*. We will need to reimagine instructional methods, learning experiences, relational interactions, and how to address student anxieties. We will be asked to tap our inner resources of fortitude, perseverance, and patience. And we will be reminded every day that God is at the forefront of St. Thomas Aquinas, the school that we call home.

Our plan is outlined below, and is based on three key principles:

1. safeguarding the health and well-being of our community;
2. advancing our mission of teaching, learning, and Catholic principles;
3. fostering and contributing to our STA community, the larger Seacoast region, and beyond.

As we transition into the 2020-21 school year, we remain mindful of the critical role human relationships play in the life and development of our students. More than anything, in-person, human relationships are at the heart of every student's learning experience. Those connections provide the foundation for inspiring and authentic learning. Undoubtedly, the coming year will present us with continued challenges, but also opportunities and blessings. May we remain patient and kind, and never forget each of us is experiencing this time with our unique perspectives, responsibilities, and situations. We are confident in our community's ability to respond with continued patience, compassion, and genuine concern as we care for each other.

Saints Pride!

## OVERVIEW

In June, President Soller charged the Aquinas 20-21 *Task Force for Transition* with developing policy, protocol, and procedures for preparing for the return of STA students in the Fall of 2020, in line with public health guidance and recommendations. As the guidance and developments of COVID-19 evolve, the Task Force will continue to keep the community updated on its impact and changes to its operations and procedures at STA.

St. Thomas Aquinas High School's overall approach for Fall 2020 is comprised of health and safety information, the format for instruction and campus life, and faculty/staff/student guidance. The health, safety, and well-being of our students, faculty, and staff is our priority and at the center of our decision-making.

We will continue to closely monitor the evolving situation. Additional adjustments to our plan and operations may be needed based on updated guidance from the NH government/Department of Health/Department of Education, the Diocese of Manchester, the American Academy of Pediatrics (AAP), and the Centers for Disease Control (CDC).



## GUIDING ASSUMPTIONS

The health and safety of all STA community members is of paramount importance, including the physical, mental and spiritual well-being of our students, faculty, and staff.

Given our mission and values and STA's commitment to a relational model of learning, we will strive to find ways for students to be together while maintaining all social distancing guidelines.

We are operating with the understanding that public health and safety guidelines related to school operations will likely shift multiple times during the duration of the COVID-19 pandemic.

We are planning accordingly for the possibility of having to pivot quickly from one set of operating norms to another.

## RE-OPENING AT A GLANCE

Arrival: Students arriving before 7:45am will enter through the back door closest to the Cafeteria and will go directly into the Cafeteria. They will remain there and will not be allowed into other parts of the main building until 7:45am. Screening will occur before entering.

Students arriving between 7:45am – 8:00am may enter through any door along the backside of the building (Atrium, middle courtyard door, Cafeteria entrance) and will proceed directly to their classroom.

After 8:00am, entry will only be permitted through the Atrium entrance.

Students who do not have a first period class will enter through the Atrium door and proceed directly to the Cafeteria until the start of second period.

Screening will occur before entering for all students. Any student exhibiting signs and symptoms will be asked to return home. If they need to wait for a ride, they will be escorted to a quarantined area. Parents/Guardians are encouraged not to depart from campus until their child is approved to enter.

Masks: Masks are required by all faculty, staff, and students at all times. While not mandating a singular style or type of mask, we require that each mask must fit within the STA expectations of appropriate school attire. St. Thomas Aquinas has a limited number of masks available for community members who on occasion forget one.

Temperature Checks: Every faculty and staff member as well as students will complete an electronic self-assessment every day prior to arriving at school. This assessment will include both a temperature check as well as completion of a health questionnaire. Anyone with a temperature of 100.4F or higher and/or who is experiencing concerning symptoms will not be allowed at school. Protocol for returning to campus will be evaluated based on symptoms and physician advice.

Movement: Movement throughout the school (including time in the hallways) will be limited. Passing times will be aided by directional markings posted throughout the building. Hallways and stairwells will be one-directional. This helps minimize contact and aid in our cleanliness protocols.



Social Distancing: We will adhere to social distancing guidelines at all times. Masks will be worn in the classrooms at all times.

## ACADEMIC EXPERIENCE

At St. Thomas Aquinas, we pride ourselves on providing a transformative Catholic education for intellectually curious students. We are an academically vibrant community that values diversity and innovation both in thought and in work. Although this fall will look and feel different, we will continue to provide an excellent educational experience for each and every Saint. We will work to ensure the safety of our community while honoring our mission and values, all with the hope that these adjustments will be temporary.

The STA approach will:

- Follow and operate within the CDC and NH safety precautions and protocols
- Prioritize student experience and success
- Leverage our strengths in teaching and faculty mentorship
- Be flexible in our response to an evolving landscape and students' needs

Faculty Professional Development: STA will focus on training and providing professional development opportunities that will allow our faculty to continue to pursue excellence whether in person or remote. Faculty will participate in ongoing training to better support in person and distance-learning. Occasional changes to the calendar may be required to accommodate training and development opportunities.

Schedule: St. Thomas Aquinas will continue to provide students with a very personalized learning experience. The school day will be from 8:00am-2:30pm. Students will be assigned classes as they have in years past in periods listed A-H. Different for this 20-21 school year (and in order to reduce transitions and the human footprint in any one place in the school), there will only be four classes per day. Four classes (A-D) will meet on "Blue Days" and the remaining four (E-H) will meet on "White Days." The schedule will still rotate, which will allow for all students to effectively have "senior privilege," meaning that they can arrive late and depart early from campus if they do not have a class 1st or 4th period of the day. (Students may not leave campus if they have a second or third period free.) Please note that the ever-changing landscape of COVID-19 may require future changes to the schedule.

Attendance: STA is returning to an on-campus learning environment in which we can continue our mission to transform the lives of our students through a rigorous Catholic education, guided by the light of the Gospel. We believe in offering each child a safe and nurturing environment in which they will be challenged, supported, and guided. We look forward to renewing our commitment and mission for our students in the on-campus environment.

The expectation is that all classes will be attended by all students. Attendance will be taken at the beginning of each period.

Technology: St. Thomas Aquinas and Mainstay Technologies (STA's partner in Information Technology) are working to find instructional technology solutions for all learning scenarios, including onsite technology upgrades



to facilitate and improve the experience for faculty and students. St. Thomas Aquinas has and will continue to develop remote educational pathways for students and faculty who are unable to be present in the school.

Fine Arts Program: Plans are being developed to meet and continue St. Thomas Aquinas standards of excellence in our music and arts programs.

## MITIGATING THE RISK OF INFECTION

There is not a singular fool-proof process by which to eliminate the risk of a COVID-19 introduction to the STA campus. However, through a multi-layered strategy and through shared family/community responsibility, we can greatly diminish this risk.

Masks: Masks will be required by all faculty, staff, students, and visitors at all times. They must be worn inside at all times and outside where social distancing cannot be maintained. Again, masks must fit within the STA expectations of appropriate school attire.

### Additional Mitigators:

- Water Bottles: Students must bring a water bottle to school in order to use the water filling station. Sharing of water bottles is not permitted.
- Classrooms will be standardized to best utilize the space. Desks will face forward and faculty will use the full extent of the classroom.
- Hallways will be configured for movement in one direction when possible, utilizing the width of our hallways to maintain social distancing between classes.
- Lockers will not be used. Students will need to carry any necessary books and supplies in their backpack. All other books should remain at home.
- Cell phones will remain in students' backpacks and not be accessed unless warranted by faculty direction.
- Outdoor eating areas are being explored (as weather permits).
- Plexiglass shields will be placed in high contact areas.
- Faculty and staff have been provided face shields to wear in addition to masks when conducting educational experiences around the classroom.
- Travel between the Main Building and Notre Dame Hall will be facilitated in a one-directional manner.
- Door codes will not be issued to students; entrances and exits will be managed appropriately.
- Shared items (such as printers) will be kept to a minimum. Students are highly encouraged to bring their own supplies (staplers, pencil sharpeners, rulers, etc.).
- Restroom breaks will not be permitted during transitional times (emergencies excepted) but rather during class time in order to abide by protocols.

Social Distancing: The Center for Disease Control and Prevention (CDC) states that keeping space between one individual and others is one of the best tools we have to avoid being exposed to the COVID-19 virus and to slow its spread. Social distancing is important for everyone, especially to help protect people who are at a higher risk of



acute symptoms.

The STA community will follow these social distancing practices:

- Stay at least 3-6 feet (about 2 arms' lengths) from other people at all times
- Students will not be permitted to congregate in hallways, etc.
- Avoid crowded places and large gatherings
- Utilize virtual meeting options when possible

Hygiene, Cleaning, and Disinfection: Everyone is expected to practice good hygiene. Hands should be washed often with soap and water for at least 20 seconds especially after having been in a public space, or after blowing one's nose, coughing, sneezing, or touching your face. If soap and water are not readily available, use a hand sanitizer. Cover all surfaces of your hands and rub them together until they feel dry. Avoid touching your eyes, nose, and mouth, and wash your hands after touching your face. Face Masks should only be touched on the ties or ear loops.

Every classroom will have a hand sanitizer station. All gathering spaces will have a hand sanitizer station. Desks will be wiped clean after each class.

STA Maintenance has and will continue to increase their cleaning and disinfection in all areas following CDC guidance. All commonly used/high-touch surfaces will be wiped down regularly. Classrooms, meeting rooms, and other on-campus spaces are being equipped with disinfecting materials. They will be replenished as needed.

Ventilation: Windows and doors will remain open when possible to aid in air circulation.

Elevator: Only one individual will be allowed in the elevator at a time (unless an adult needs to escort a student). Elevator buttons will be sanitized by maintenance staff throughout the day.

Transitions:

#### Beginning the school day

Faculty, staff, and students will have completed the at-home self-assessment and will display completion of this cell phone app to the door monitor. Those who forget will complete a temperature check and health assessment at the entrance. Those who unsuccessfully complete the health assessment will be sent home.

The Atrium entrance will remain open and monitored for the entire 1st period. It will be the only available entrance once the school day begins at 8:00am. The Atrium entrance will also be the point of entry for parents/visitors.

#### Between Classes

Faculty and staff will serve as hall monitors during class transitions to help ensure correct traffic flow.



There will be one-way directional traffic in both the main building and in Notre Dame.

Notre Dame traffic will flow through the east doorway for entrance and through the west doorway upon exit.

Masks may not be removed while traveling between buildings.

Adults will be positioned as monitors at approved entrances and exits to supervise social distancing and mask compliance while traveling between buildings.

### During Classes/Study Halls

One-at-a-time bathroom policy

During class periods, students may travel either way through hallways.

**Signage:** Signs, posters, and banners will be placed in both school buildings and throughout campus to remind faculty, staff, students, and visitors of proper protocols. Signs will include reminders of directional traffic flow, entry and exit paths, proper handwashing techniques, and social distancing intervals.

## SCREENING/TESTING/CONTACT TRACING

**Symptom Monitoring:** All faculty, staff, students and visitors are required to conduct a self-assessment each morning before coming to campus. STA will provide a screening tool app for community members to submit these self-assessment reports each day. Faculty, staff, and students must be free of any symptoms potentially related to COVID-19 to be eligible to attend work or school.

Currently, symptoms known to be associated with COVID-19 include one or more of the following:

- Cough
- Shortness of breath or difficulty breathing
- Fever
- Chills
- Repeated shaking with chills
- Runny nose or new sinus congestion
- Muscle pain
- Headache
- Sore throat
- Fatigue
- New gastrointestinal (GI) symptoms
- New loss of taste or smell



**Illness Management:** Should a student, faculty, or staff member feel ill during the day, the school nurse will follow New Hampshire's DHHS guidelines when assessing the individual's temperature and symptoms. This will be performed in a designated Health Office Isolation space and will be compared to that morning's self-assessment data. Assessments will be quick with as minimal contact as possible to safeguard against potential exposure to nursing staff.

If symptoms and the individual's health history suggest COVID-19, a student will remain in the isolation room to wait for his/her parent/guardian and/or to be granted parental permission to drive their car directly home. Parents/guardians will be urged to contact their Primary Care Physician over the phone to receive directions regarding testing and quarantine. Additionally, the New Hampshire Department of Health should be notified of all suspected COVID-19 cases. Families should also notify the school by reporting it to our medical staff (medical@stalux.org.)

Cleaning of the isolation room and the classroom in which the student studied will be prioritized.

**Testing:** Students and staff whose possible exposure to COVID-19 is being investigated, and those who are exhibiting symptoms, will be required to be tested at their expense in accordance with recommendations of state and local health authorities. If any family cannot afford the cost, St. Thomas Aquinas will assist with that expense.

**Contact Tracing:** St. Thomas Aquinas' tracing procedures will assist DHHS in determining who needs to quarantine.

**School Nurse/ School Counseling:** St. Thomas Aquinas has an on-site, full-time nurse to help with the support of students who receive positive test results, are symptomatic, or who have had close contact with a confirmed positive case. Additionally, our school counselors will be available to guide faculty, staff, and students in addressing social and emotional needs. The Health Office has been expanded to include multiple service areas as well as isolation rooms.

**Visitors:** Visitors will be restricted unless they have prior approval. Necessary visitors (e.g., parents, vendors) will be allowed by appointment only. Temperature checks, screening questionnaires, and masks will be required. Visitors may be asked to sign a waiver and, if needed, will be escorted around the campus.

## STUDENT LIFE/EXPERIENCE

**Lunch:** The daily schedule has been adjusted to allow for four dedicated lunches (as opposed to only two). Students' lunch schedule will be determined by their C or G period classes. Cafeteria seating will be expanded to include outdoor options and additional unused space during the lunch periods. Table seating will be limited. Initially, lunch options will be limited. There will be limited breakfast menu options. All transactions will occur through MySchoolBucks only (no cash transactions will be accepted.)

**Saints Block:** Regularly scheduled Saints Block meetings will be held in advisory locations. The format will rotate regularly each week to include regular advisory meetings, "Zoom Assemblies," and Virtual Office Hours (opportunity for students to connect with faculty members via email or Zoom). In-person TOM Talks and Clubs will not be facilitated at the onset of this school year. We are exploring options to continue these programs in alternative formats.

**Clubs:** Any clubs (outside of Saints Block) will need to be approved by the Director of Campus Ministry & Student Experience. All planned activities will also require pre-approval. Clubs may meet outside of school hours with



appropriate measures including masks, social distancing, etc. No field trips will be permitted for clubs until further notice.

Field Trips: No field trips are planned at this time.

Mass: Mass will be offered to STA students and staff with appropriate Mass protocols, including livestreaming via Advisory. There will be no Music Ministry for Masses at this time. We hope to facilitate an Opening School Mass outside, weather permitting.

Athletic Events: STA athletic teams and extracurricular activities will operate under the same social distancing and sanitation/cleaning protocols as the rest of campus (at a minimum). Equipment will be disinfected before every practice and game and will go home with each athlete every evening. Sporting events will follow the guidance of the NHIAA, which continues to unfold.

Non-Athletic Events will occur on occasion with appropriate protocols.

Courtyard: The Courtyard behind the main building will be off-limits when school is in session to minimize disruption of classes.

## TRAVEL

As is outlined in the current NH travel “Safer at Home” guidelines, the two-week self-quarantine has been lifted for those traveling to New Hampshire from surrounding New England States (Maine, Vermont, Massachusetts, Connecticut, Rhode Island). Anyone with travel plans should follow the latest guidance from the [Centers for Disease Control and Prevention \(CDC\)](#) and travel guidelines for the state of New Hampshire.

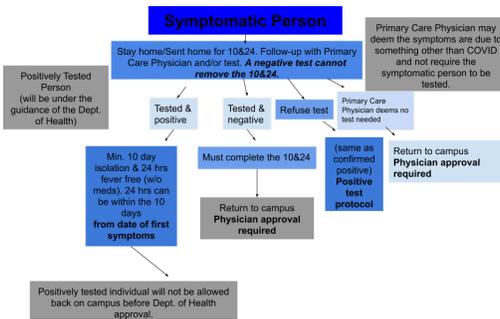
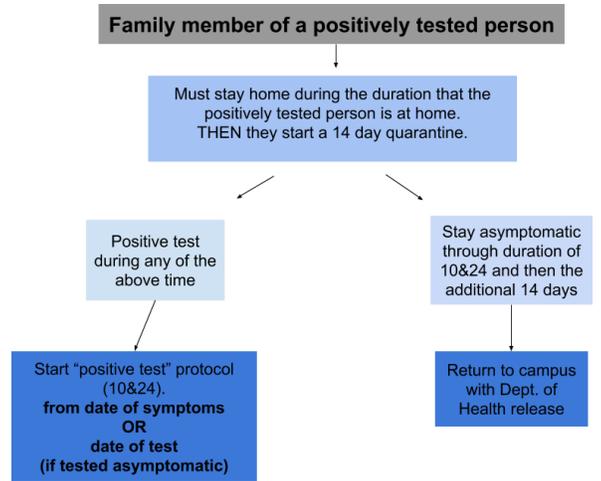
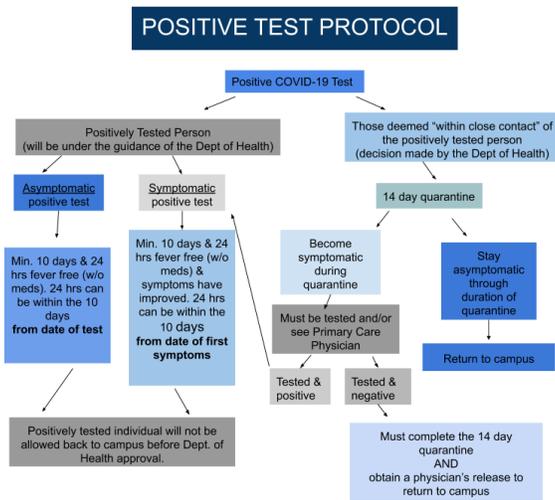
## STA: A COMMUNITY OF CARE & COMPLIANCE

All faculty, staff, and students will be expected to abide by these new initiatives, to support a safe and healthy campus reopening, and to assume personal responsibility for keeping themselves and others as safe as possible during the COVID-19 pandemic. We are very grateful to our parents and families as we partner in this responsibility and with the common goal of keeping every St. Thomas Aquinas community member safe and healthy.



# CALENDAR/KEY DATES

- August 21:** Orientation new teachers
- August 24-25:** Professional Development Days (required COVID-19 Training and protocols for all faculty & staff)
- August 26-27:** Jumpstart and Orientation (Freshmen/Transfer students only)
- August 28:** Remote Day (Faculty will be on-campus and connecting remotely with students at home.)
- August 31:** Blue Day, A-D (All students on campus)



**Department of Health and Human Services (DHHS):**

- Notified (from lab/physician) when someone tests positive.
- DHHS will then step in and investigate to determine who has been "within close contact."
- DHHS will be the entity to communicate to families regarding the situation.
- DHHS will be the entity to "clear" someone who has been tested positive and anyone they have told needs to quarantine.
- Individuals who test positive will be managed by the DHHS. St. Thomas Aquinas- in conjunction with DHHS- will evaluate each case on an individual basis and determine appropriate protocols.



**Aquinas '20-21 Transition  
Regular Daily Schedule with 4 Lunches**

**First Week**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Blue Day - A</b> A - B - C - D	<b>White Day - E</b> E - F - G - H	<b>Blue Day - B</b> B - D - C - A	<b>White Day - F</b> F - H - G - E	<b>Blue Day - D</b> D - A - C - B
<b>A</b> 8:00 - 9:20 (80)	<b>E</b> 8:00 - 9:20 (80)	<b>B</b> 8:00 - 9:20 (80)	<b>F</b> 8:00 - 9:20 (80)	<b>D</b> 8:00 - 9:20 (80)
<b>B</b> 9:25-10:45 (80)	<b>F</b> 9:25-10:45 (80)	<b>D</b> 9:25-10:45 (80)	<b>H</b> 9:25-10:45 (80)	<b>A</b> 9:25-10:45 (80)
<b>SAINTS</b> 10:48 - 11:08 (20)				
<b>1<sup>st</sup> Lunch:</b> 11:10 - 11:35 <b>C Class:</b> 11:40-1:05 (85)	<b>1<sup>st</sup> Lunch:</b> 11:10 - 11:35 <b>G Class:</b> 11:40-1:05 (85)	<b>1<sup>st</sup> Lunch:</b> 11:10 - 11:35 <b>C Class:</b> 11:40-1:05 (85)	<b>1<sup>st</sup> Lunch:</b> 11:10 - 11:35 <b>G Class:</b> 11:40-1:05 (85)	<b>1<sup>st</sup> Lunch:</b> 11:10 - 11:35 <b>C Class:</b> 11:40-1:05 (85)
<b>2<sup>nd</sup> Lunch:</b> 11:40 - 12:05 <b>C Class:</b> 11:10-11:35 & 12:10-1:05 (80)	<b>2<sup>nd</sup> Lunch:</b> 11:40 - 12:05 <b>G Class:</b> 11:10-11:35 & 12:10-1:05 (80)	<b>2<sup>nd</sup> Lunch:</b> 11:40 - 12:05 <b>C Class:</b> 11:10-11:35 & 12:10-1:05 (80)	<b>2<sup>nd</sup> Lunch:</b> 11:40 - 12:05 <b>G Class:</b> 11:10-11:35 & 12:10-1:05 (80)	<b>2<sup>nd</sup> Lunch:</b> 11:40 - 12:05 <b>C Class:</b> 11:10-11:35 & 12:10-1:05 (80)
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<b>4<sup>th</sup> Lunch:</b> 12:40 - 1:05 <b>C Class:</b> 11:10-12:35 (85)	<b>4<sup>th</sup> Lunch:</b> 12:40 - 1:05 <b>G Class:</b> 11:10-12:35 (85)	<b>4<sup>th</sup> Lunch:</b> 12:40 - 1:05 <b>C Class:</b> 11:10-12:35 (85)	<b>4<sup>th</sup> Lunch:</b> 12:40 - 1:05 <b>G Class:</b> 11:10-12:35 (85)	<b>4<sup>th</sup> Lunch:</b> 12:40 - 1:05 <b>C Class:</b> 11:10-12:35 (85)
<b>D</b> 1:10 - 2:30 (80)	<b>H</b> 1:10 - 2:30 (80)	<b>A</b> 1:10 - 2:30 (80)	<b>E</b> 1:10 - 2:30 (80)	<b>B</b> 1:10 - 2:30 (80)



**Second Week**

Monday	Tuesday	Wednesday	Thursday	Friday
White Day - H H - E - G - F	Blue Day - A A - B - C - D	White Day - E E - F - G - H	Blue Day - B B - D - C - A	White Day - F F - H - G - E
H 8:00 - 9:20 (80)	A 8:00 - 9:20 (80)	E 8:00 - 9:20 (80)	B 8:00 - 9:20 (80)	F 8:00 - 9:20 (80)
E 9:25-10:45 (80)	B 9:25-10:45 (80)	F 9:25-10:45 (80)	D 9:25-10:45 (80)	H 9:25-10:45 (80)
<b>SAINTS</b> 10:48 - 11:08 (20)				
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2 <sup>nd</sup> Lunch: 11:40 -12:05 G Class: 11:10-11:35 & 12:10-1:05 (80)	2 <sup>nd</sup> Lunch: 11:40 -12:05 C Class: 11:10-11:35 & 12:10-1:05 (80)	2 <sup>nd</sup> Lunch: 11:40 -12:05 G Class: 11:10-11:35 & 12:10-1:05 (80)	2 <sup>nd</sup> Lunch: 11:40 -12:05 C Class: 11:10-11:35 & 12:10-1:05 (80)	2 <sup>nd</sup> Lunch: 11:40 -12:05 G Class: 11:10-11:35 & 12:10-1:05 (80)
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4 <sup>th</sup> Lunch: 12:40 - 1:05 G Class: 11:10-12:35 (85)	4 <sup>th</sup> Lunch: 12:40 - 1:05 C Class: 11:10-12:35 (85)	4 <sup>th</sup> Lunch: 12:40 - 1:05 G Class: 11:10-12:35 (85)	4 <sup>th</sup> Lunch: 12:40 - 1:05 C Class: 11:10-12:35 (85)	4 <sup>th</sup> Lunch: 12:40 - 1:05 G Class: 11:10-12:35 (85)
F 1:10 - 2:30 (80)	D 1:10 - 2:30 (80)	H 1:10 - 2:30 (80)	A 1:10 - 2:30 (80)	E 1:10 - 2:30 (80)

**Third Week - 3 Blue days & 2 White days... Blue D , White H , Blue A , White E , Blue B**

~80 minute classes

25 minute lunches

20 minute SAINTS Time

Scheduled on Calendar

Friday/others flexible as needed



## CONTACTS & RESOURCES

Director of School Counseling: Robin Durawa, MSW [rdurawa@stalux.org](mailto:rdurawa@stalux.org)

School Nurse: Erin Gauthier, RN [egauthier@stalux.org](mailto:egauthier@stalux.org)

Athletic Trainer: Ashley Leighton, NHLAT, ATC [aleighton@stalux.org](mailto:aleighton@stalux.org)

[American School Counselor Association](#)

[Diocese of Manchester Guidelines for Re-Opening](#)

Convenient MD, Dover: 603-271-6996

DHHS Nurse On Call: 603-742-7900

[RN Mask & Glove Demonstration](#)

[American Academy of Pediatrics](#)

[CDC Guidance: Child Care, Schools, and Youth Programs](#)

[World Health Organization Technique for Handwashing](#)

[NH COVID-19 General Travel and Quarantine Guidance](#)

[Navigating the COVID-19 Pandemic in New Hampshire](#)

[NH DOE Back-to-School Guidance](#)

## **PRAY WITHOUT CEASING**

*Rejoice always, pray without ceasing, give thanks in all circumstances.*

*1 Thessalonians 5:16-18*

*St. Thomas Aquinas High School is a caring community, transforming the lives of students through a rigorous Catholic education, guided by the light of the Gospel – developing their unique gifts, strengthening their personal faith and integrity, and fostering within them a commitment to justice, service, and moral leadership.*